## 10-11-2021 Solon Athletic Boosters Meeting

A regular meeting of the Solon Athletic Boosters started at 6:33 PM led by Rob Farley

## Athletic directors report:

OHSA golf tournament starts tomorrow. SHS golfer, Kaitlyn Kormuth, shot 68.

Thursday and Saturday our tennis players will be going to the state tournament.

Girl's soccer is the number 4 seed in Northeast Ohio and boy's soccer is the number 9 seed in Northeast Ohio. Check the website for game times and locations.

https://solonhighschool.bigteams.com/

Solon will not be hosting any football playoffs, but they will be hosting district volleyball games 10/26 and 10/30.

Secretary's report: notes posted

Treasurer's report: total assets and total bank balance shown on the Solon Athletic Boosters financial

summary sheet provided by Kevin Weaver.

Budget report: none President's report: none

## Requests:

Middle School- none

High School -JD Dunn (strength and conditioning coach) introduced a nutrition plan and presented three options to help our students perform better with healthy eating and fuel for their sports. He also stated he does nutrition and leadership talks one a week in addition to strength and conditioning with all the teams at SHS. He coordinated with school nutritionist Lynn Hutchinson at SHS. Questions were asked on how he would monitor the food and store the food. Perishables and fruit flies, trash etc. was discussed. The discussion was tabled to see if the café could give lunch leftovers i.e., bananas and chocolate milk to the weight room. Coach Dunn will also encourage parents to pack denser nutrient foods for working out via a final forms email.

Christopher Walker, market direct development associate athletic channel, for Gatorade attended the meeting and gave us pamphlets on muscle milk and protein shakes, whey bars etc. His company sells to area high schools. We suggested that Mr. Walker coordinate with Coach Dunn. Currently the strength and conditioning coach and weight room do not have a budget.

## **Committee Reports**

Advertising/program - Sheryl Chaitoff reported that she is looking for an easy way to pay for "shout outs" via a Google form and she currently is excepting payment via Venmo.

Spotlight athlete - have been done for fall, will continue posting over the next few weeks: we are working on soccer spotlight athletes.

Communications - no report

Concessions - concessions will be available during volleyball districts, will need volunteers, sign-up genius will be sent out to the membership.

Golf outing -date for next year August 7, 2022

*Mattress sale* - Saturday, November 13 - Kitay is meeting with each team. We will rely heavily on students marketing the sale of mattresses. This event will be held at the high school.

Queen of Hearts Fundraiser - every Thursday night at 9PM Rollhouse is advertising that they have a game in which Solon Athletic Boosters gets 20% of the final pot. We are encouraging our members to go to Rollhouse anytime during the week and buy \$2 tickets.

*Comet Classic*- a Sign-up Genius will be coming regarding concessions and the door volunteers. *February fundraiser* -will be meeting November 4. The date of the fundraiser is February 5.

*Membership* is currently at 321 members.

Parent rep - no report

Scholarships - no report

Spirit Store - Danielle Rose reported for the month of September they made \$7484.70. They made \$1300 on Friday and are working on a new scanner system that was used Friday night. Soon Square will except the Cash App in addition to all the other forms of payment they accept. She also reported she ordered gold T-shirts for adults and kids for the spirit colors that are encouraged at the high school.

Respectfully submitted by Danielle Rose 10-11-2021